**Learning Pages**

**Spring 2017**

**Ontario Early Years Centre**

**Sarnia-Lambton OEYC:**
Lambton College - North Building
1457 London Road
Sarnia, ON
N7S 6K4
p. 519-542-6100
f. 519-541-2425

**Drop-In Hours**

- Mon. 9 am - 3 pm
- Tues. 9 am - 5:30 pm
- Wed. 9 am - 12 pm
- Thurs. 9 am - 3 pm
- Fri. 9 am - 12 pm
- Sat. 9 am - 1 pm

(Hours closed during statutory holidays)

**Coronation Park OEYC Satellite:**
Best Start Hub
1014 Oak Avenue
Sarnia, ON
N7T 3T7
p. 519-344-9601
or 519-542-6100
ext. 3113

**Drop-In Hours**

- Mon. 9 am - 12 pm
- Tues. 9 am - 12 pm
- Wed. 9 am - 12 pm
- Thurs. 9 am - 12 pm
- Fri. 9 am - 12 pm
- Sat. 9 am - 12 pm

(Registered programs only)

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**Infant & Toddler Programs**

**Infant Massage**

A Certified Infant Massage instructor will lead parents through the techniques and benefits of infant massage. This 4-week program is for infants 2-12 months only.

**Lambton College**

Monday afternoons, 2-3 pm

April 17th - May 8th

*Registrations may begin March 27th

**St. Clair Child & Youth Services**

Family Drop In Centre

Tuesday afternoons, 1:30-2:30 pm

March 21st - April 11th

*We ask for a commitment of all 4 weeks

**Aamjiwnaang Community Centre**

Wednesday mornings, 10:30-11:30 am

June 7th, 14th, 21st & 28th & July 5th

*Registrations may begin June 21st

**Infant Massage**

*Call 519-332-6770 to register

**Fun With Baby**

This 6-week program has interactive songs, stories and rhymes for parents/caregivers with infants 0-12 months.

**Lambton College**

Thursday afternoons, 2-3 pm

March 23rd - April 27th

*Registrations may begin March 2nd

**Active Babies Drop-In**

Get ready for a fun, interactive experience with your baby. We will crawl through tunnels, climb foam hills and more. We will end with a bouncy circle full of interactive songs and rhymes. For crawling babies or babies 6 to 15 months old only. Note: This new format does not require pre-registration. No childcare available.

**Little Friends OEYC Satellite**

Best Start Hub
295 Essex Street
Sarnia, ON
N7T 4N4
p. 519-339-0945 or 519-542-6100
ext. 390

**Drop-In Hours**

- Monday 9:30 am - 12 pm
- Wednesday 9:30 am - 12 pm

(Registered programs only)

**To Register for Lambton College, Little Friends and Coronation Park programs, please call 519-542-6100 ext. 3**

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**Con’t…**

**Bubbles and Babies**

(Infants 6-12 months old)

Bring your baby for a fun morning of blowing bubbles and singing. Why bubbles? They are great for a baby’s language development. Come find out why!

**St. Clair Child & Youth Services**

Family Drop In Centre

Wednesday morning, 9:30-10:30 am

April 12th

*Registrations may begin March 6th

**Tumbling Time for Toddlers**

(Walking to 30 months)

Let’s get tumbling! Teach your toddler safe ways to do things that are fun. Join us for games, sing along and dancing too.

**St. Clair Child & Youth Services**

Family Drop In Centre

Wednesday mornings, 9:30-10:30 am

May 17th, 24th & 31st

*Registrations may begin May 16th

**Rhythm and Rhyme**

(Ages 2-3 years)

This class uses Literacy and Movement to get the kids involved in fun learning experiences. What better way to get your mind working and your body moving than to groove to music and lyrics. Join in on the dance along fun.

**St. Clair Child & Youth Services**

Family Drop In Centre

Wednesday mornings, 9:30-10:30 am

June 7th, 14th, 21st & 28th

*Registrations may begin May 8th

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**To register for programs at St. Clair Child & Youth Family Drop In Centre Please call 519-337-7811**

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**Picture Sources:**

gopixpic.com, gettyimages.com, commons.wikimedia.org
**Family Drop In Centre**

**St. Clair Child & Youth Services**

Tuesday afternoon, 1:30-2:30 pm

May 9th or
Wednesday morning, 9:30-10:30 am
May 10th

*Registration may begin April 3rd

**Exploring Everyday Science**

Part 2

A 4-week interactive program for children 3-5 years of age introducing them to the world of science.

*Part 2 topics: We are What We Eat, What’s the “Matter” – Exploring Liquids and Solids, How We Adapt to our Environment, Planets and Space

Families DO NOT have to have taken Part 1 in order to sign up for Part 2.

**Lambton College**

Tuesday evenings, 6:30-7:30 pm
April 4th - 25th

*Registrations may begin March 14th

**Family Literacy Event**

(Ages 2-6 years)

Reading through storybooks is an effective way of making literacy connections in the brain. Join Diane McCaull for songs, stories and activities based on some of these song storybooks.

**Lambton College**

Friday morning, 10:10-11:30 am
April 28th

*Registrations may begin April 7th

**Family Literacy Activities**

Our Early Literacy Specialist visits each of the drop-in locations once a month. During her visits, she provides literacy focused activities, implements circle at the end of the session and is available to answer questions from parents or caregivers. No registration required.

**St. Clair Child & Youth Services**

Family Drop In Centre

Tuesday afternoon, 9:15-11:15 am
April 10th, May 15th, June 12th

**Kids in The Grove**

Tuesday mornings, 9:30-11:30 am
April 11th, May 9th, June 20th

**Coronation Park Drop-In**

Thursday evenings, 5:30-7:30 pm
May 11th, June 8th

**Little Friends Drop-In**

Thursday mornings, 10-12 pm
March 23rd, April 20th, May 18th.

Sarnia-Lambton OUTREACH PROGRAMS

**la ribambelle French Preschool OEYC Outreach**

Best Start Hub
ecole les rapides
1103 Michigan Ave.
Sarnia, ON
N7S 2B5
p. 519-542-2129
f. 519-542-7131

**Drop-In Hours**

Call for hours Saturday: One special event per month
Call for details

**Kids in the Grove OEYC Outreach**

Christ Lutheran Church
6482 Telfer Road
Bright’s Grove, ON
N7T 7H4
p. 519-542-6100

**Drop-In Hours**

Tues. 9:30 - 11:30 am
Aamjiwnaang First Nations
Outreach: Aamjiwnaang Health Centre
1300 Tashmoo Dr.
Sarnia, ON N7T 8E5

**St. Clair Child & Youth Services**

Family Drop In Centre

Tuesday afternoon, 1:30-2:30 pm
April 18th

*Registrations may begin March 20th

**Field Trip to the Sarnia Public Library**

(Ages 4-6 years) A Librarian/Literacy Specialist will be on site at the Library to give a guided tour of the facility and answer questions regarding services. Planned activities will be provided for the children. No childcare available.

**St. Clair Child & Youth Services**

Family Drop In Centre

Tuesday afternoon, 1:30-2:30 pm
April 25th

*Note: We will meet at the Library (124 Christina St. South). The drop-in will be closed.

**Nature Scavenger Hunt/Family Stroller Walk**

(Ages 4-6 years) Please Note: This is an Outdoor Event. Families are to meet outside of the Lochiel Kiwanis Community Centre, in the Play Park area (start and finish). This is a stroller/walking event. Please, no Strollers and we encourage to dress according to the weather conditions. Program will be cancelled if it is raining. No childcare available.

**St. Clair Child & Youth Services**

Family Drop In Centre

Tuesday afternoon, 1:30-2:30 pm
June 20th

*Registrations may begin May 20th

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**Parenting Programs & Events**

**Visit with Librarian/Literacy Specialist**

(Ages 0-4 years) A Librarian will be answering questions about Library services available to the public. No childcare available.

**St. Clair Child & Youth Services**

Family Drop In Centre

Tuesday afternoon, 1:30-2:30 pm
April 18th

*Registrations may begin March 20th

**Field Trip to the Sarnia Public Library**

(Ages 0-4 years) A Librarian/Literacy Specialist will be on site at the Library to give a guided tour of the facility and answer questions regarding services. Planned activities will be provided for the children. No childcare available.

**St. Clair Child & Youth Services**

Family Drop In Centre

Tuesday afternoon, 1:30-2:30 pm
April 25th

*Note: We will meet at the Library (124 Christina St. South). The drop-in will be closed.

**Nature Scavenger Hunt/Family Stroller Walk**

(Ages 4-6 years) Please Note: This is an Outdoor Event. Families are to meet outside of the Lochiel Kiwanis Community Centre, in the Play Park area (start and finish). This is a stroller/walking event. Please, no Strollers and we encourage to dress according to the weather conditions. Program will be cancelled if it is raining. No childcare available.

**St. Clair Child & Youth Services**

Family Drop In Centre

Tuesday afternoon, 1:30-2:30 pm
June 20th

*Registrations may begin May 20th

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**Parenting Con’t...**

**Mom & Todd Mom Breastfeeding Circle**

Drop in and join new and experienced breastfeeding moms for conversation. A Breastfeeding Buddy will be on-site to answer any questions and share community resources.

(In partnership with the NLCHC)

**Lambton College**

Wednesday afternoons, 1:20 pm
April 12th, May 10th, June 14th

**Circle of Security Information Sessions**

(For Parents & Caregivers)

At this workshop we will share information about:
- Supporting a secure attachment relationship between you and your child
- Learning to understand what your child’s behaviour actually means
- Understanding your child’s emotional needs
- Learning how responding to your child’s emotional needs improves behaviour
- Understanding the importance of your connection with your child

*Providing opportunities for self-reflection and personal growth

We ask that you commit to attending both sessions. You must attend session 1 to attend session 2.

**St. Clair Child & Youth Services**

Family Drop In Centre

Wednesday mornings, 9:30-11 am
April 19th and 26th

*Registrations may begin March 20th

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**Parenting Con’t...**

**Family Drop In Centre**

To register for Lambton College, Little Friends and Coronation Park programs, please call 519-542-6100 ext. 3

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**Parenting Con’t...**

**Family Drop In Centre**

To register for programs at St. Clair Child & Youth Family Drop In Centre

Please call 519-337-7811

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**Parenting Programs & Events**

**Visit with Librarian/Literacy Specialist**

(Ages 4-6 years) A Librarian will be answering questions about Library services available to the public. No childcare available.

**St. Clair Child & Youth Services**

Family Drop In Centre

Tuesday afternoon, 1:30-2:30 pm
April 18th

*Registrations may begin March 20th

**Field Trip to the Sarnia Public Library**

(Ages 0-4 years) A Librarian/Literacy Specialist will be on site at the Library to give a guided tour of the facility and answer questions regarding services. Planned activities will be provided for the children. No childcare available.

**St. Clair Child & Youth Services**

Family Drop In Centre

Tuesday afternoon, 1:30-2:30 pm
April 25th

*Note: We will meet at the Library (124 Christina St. South). The drop-in will be closed.

**Nature Scavenger Hunt/Family Stroller Walk**

(Ages 4-6 years) Please Note: This is an Outdoor Event. Families are to meet outside of the Lochiel Kiwanis Community Centre, in the Play Park area (start and finish). This is a stroller/walking event. Please, no Strollers and we encourage to dress according to the weather conditions. Program will be cancelled if it is raining. No childcare available.

**St. Clair Child & Youth Services**

Family Drop In Centre

Tuesday afternoon, 1:30-2:30 pm
June 20th

*Registrations may begin May 20th

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**Parenting Programs & Events**

**Visit with Librarian/Literacy Specialist**

(Ages 4-6 years) A Librarian will be answering questions about Library services available to the public. No childcare available.

**St. Clair Child & Youth Services**

Family Drop In Centre

Tuesday afternoon, 1:30-2:30 pm
April 18th

*Registrations may begin March 20th

**Field Trip to the Sarnia Public Library**

(Ages 0-4 years) A Librarian/Literacy Specialist will be on site at the Library to give a guided tour of the facility and answer questions regarding services. Planned activities will be provided for the children. No childcare available.

**St. Clair Child & Youth Services**

Family Drop In Centre

Tuesday afternoon, 1:30-2:30 pm
April 25th

*Note: We will meet at the Library (124 Christina St. South). The drop-in will be closed.

**Nature Scavenger Hunt/Family Stroller Walk**

(Ages 4-6 years) Please Note: This is an Outdoor Event. Families are to meet outside of the Lochiel Kiwanis Community Centre, in the Play Park area (start and finish). This is a stroller/walking event. Please, no Strollers and we encourage to dress according to the weather conditions. Program will be cancelled if it is raining. No childcare available.

**St. Clair Child & Youth Services**

Family Drop In Centre

Tuesday afternoon, 1:30-2:30 pm
June 20th

*Registrations may begin May 20th

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**Parenting Programs & Events**

**Visit with Librarian/Literacy Specialist**

(Ages 4-6 years) A Librarian will be answering questions about Library services available to the public. No childcare available.

**St. Clair Child & Youth Services**

Family Drop In Centre

Tuesday afternoon, 1:30-2:30 pm
April 18th

*Registrations may begin March 20th
Infant & Toddler Programs

Infant Toy Making © ®
(Infants up to 12 months)
Join us to make sensory toys for your infant. Bring your baby and we will take turns making toys and trying them out! We will also share other ideas for sensory toys to stimulate your child. All materials supplied.
Sombra Township Drop-In
Thursday morning, 9:30-11:30 am
April 21st

Story Time with the Librarian
Join us for a fun time reading books, singing songs and playing games with our local Librarian. No childcare available.
Corunna Drop-In
Friday mornings, 11-11:30 am
March 24th, April 21st, May 19th

Bubbles and Babies © ®
(Infants 6-12 months old)
Bring your baby for a fun morning of blowing bubbles and singing. Why bubbles? They are fun and are great for a baby’s language development. Come find out why!
Corunna Township Drop-In
Tuesday morning, 10-11 am
May 16th

Preschool Programs

Family Math Program ©
Family Math is a 6-week community based program for families who would like their children to experience success in math. Trained leaders facilitate the sessions, introducing games and activities that reinforce skills and develop math concepts, as well as fostering an enjoyment for mathematics. This interactive program is for parents and children in JK, SK and Grade 1 only. No childcare available.
Corunna Drop-In
Thursday Evenings, 6-7:30 pm
March 23rd-April 27th

Sombra Township Drop-In
Friday evenings, 6-7:30 pm
May 4th-June 8th

Family Activities

Family Literacy Activities
Our Early Literacy Specialist visits each of the drop-in locations once a month. During her visits, she provides literacy focused activities, implements circle at the end of the session and is available to answer questions from parents or caregivers. No registration required.
Corunna Drop-In
Friday mornings, 9:30-11:30 am
April 7th, May 5th

Sombra Township Drop-In
Thursday mornings, 9:30-11:30 am
April 13th, May 11th

Brigden Drop-In
Friday mornings, 9:30-11:30 am
March 24th, April 21st, May 26th

Parenting Programs

All About Teeth
A Registered Dental Hygienist from Lambton Public Health will be visiting with lots of information on children’s dental health and be able to answer all your questions, such as when to see a Dentist, fluoride and thumb-sucking.
Sombra Township Drop-In
Tuesday morning, 9:30-11:30 am
April 4th

Corunna Drop-In
Wednesday morning, 9:30-11 am
April 5th

Brigden Drop-In
Friday morning, 9:30-11 am
April 7th

Visit with Registered Dietitian
A Registered Dietitian will prepare a healthy balanced school lunch for children and provide ideas and recipes for school lunches, as well as answer any questions parents may have regarding nutrition and their children’s diet.
Corunna Drop-In
Wednesday morning, 9:30-11 am
May 24th

Sombra Township Drop-In
Thursday morning, 9:30-11 am
May 25th

Brigden Drop-In
Friday morning, 9:30-11 am
May 26th


Sombra Township
Drop-In Centre
OEYC Satellite:
Best Start Hub
Riverview Central School
3926 St Clair Parkway
Port Lambton, ON
N0P 2B0
p. 519-892-3151

Drop-In Hours
Tuesday 9 - 11:30 am
Thursday 9 - 11:30 am
* 5:30 - 8 pm
(Registered Programs Only)

Corunna Drop-In
OEYC Satellite:
Best Start Hub
St. Joseph School
535 Birdbank Drive
Corunna, ON N0N 1G0
p. 519-862-5071
ext. 228
or 519-542-6100

Drop-In Hours
Monday 9 - 11:30 am
Wed. 9 - 11:30 am
& 1 - 3:30 pm
* Thurs. 5:30 - 7:30 pm
(Registered Programs Only)
Friday 9 - 11:30 am

Brigden Drop-In
OEYC Outreach:
Brigden United Church
2420 Jane St.
Brigden, ON N0N 1B0
p. 519-892-3151

Drop-In Hours
Friday 9 - 11:30 am

To register for Sombra, Corunna & Brigden Programs, Call 519-892-3151

PG. 4

Legend
© Limited childcare available and must be arranged at the time of registration
® Registration is Required
Within the City of Sarnia

Rides available only before 8:45 am or 12 pm Monday mornings and Thursday afternoons. Please call 519-337-7811 before 8:45 am or 12 pm if you need a ride. (Rides available only within the City of Sarnia)

Arkona
Tuesday: 10 - 11:30 am
May 30th

Bright's Grove
Tuesday: 10 - 11:30 am
April 4th, May 2nd & June 6th

Coronation Park
Tuesday: 10 - 11:30 am
April 11th, May 9th & June 13th

Forest
Tuesday: 10 - 11:30 am
May 23rd

Grand Bend
Friday: 10 - 11:30 am
April 7th & June 2nd

Petrolia
Thursday: 10 - 11:30 am
April 6th, May 4th & June 1st

Port Lambton
Thursday: 10 - 11:30 am
March 16th & May 18th

Watford
Wednesday: 10 - 11:30 am
April 26th, May 24th & June 22nd

Community Services Division of St. Clair Child & Youth Services

St. Clair Child & Youth Services
Program Delivery takes place at either a Best Start Hub or Ontario Early Years Centre (OEYC).

Lambton College
Every Monday
(9:30 - 11:30 am)

Little Friends
4th Thursday of each month
(9:30 - 11:30 am)

Petrolia
2nd, 3rd, 4th & 5th
Thursday of each month
(9:30 - 11:30 am)

SCC&Y Family Drop In
2nd & 4th Tuesday of each month
(9:30 - 11:30 am)

Watford
Wednesday: 10 - 11:30 am
April 12th, May 10th & June 14th

Wyoming
Tuesday: 10 - 11:30 am
March 30th & May 1st

Notes:
* Lambton College OEYC Drop-ins Ask the parking attendant for an Ontario Early Years Centre Parking Pass

Parent Drop-In Program
A Public Health Nurse is on site to discuss your child’s growth and development, and address any concerns you may have. To speak to a Public Health Nurse outside of these Drop-In times, call: 519-383-8331 ext. 3817

Life with a new baby is not always what you expect.... St. Clair Child & Youth Services Postpartum Adjustment Services 519-337-3701 www.stclairchild.ca

Infant & Child Developmental Specialists
Infant & Child Developmental Specialists from St. Clair Child & Youth Services are on site to address any questions and/or concerns you may have, regarding your children ages birth to 5 years of age.

St. Clair Child & Youth Services
Family Drop In Centre
First Tuesday of the month, 9:30 - 11:15 am

Housing Initiative Connector
Project Community Connector
- Assistance with apartment searches
- Assistance with paperwork
- Connecting to financial assistance
- Connecting to community programs and services
- Arranging transportation for medical appointments, apartment viewings, food bank or grocery store visits
- Referrals to external partners
- Client advocacy
St. Clair Child & Youth Services
Family Drop In Centre
Second Thursday of the month, 1:30 - 3:15 pm

Alvinston
Tuesday: 9:30 - 11:30 am
April 4th, May 2nd & June 6th

Corunna
Every Wednesday
(10 - 11:30 am)

Forest
Every Thursday
(10 - 11:30 am)

Grand Bend
Friday: 10 - 11:30 am
April 21st, May 19th & June 16th

Lambton College
Every Monday
(9:30 - 11:30 am)

Lambton Public Health
100 Emoush Street
Point Edward, ON N7T 7Z0
Telephone: 519 383-8331
Toll free: 1-866-667-1399
Fax: 519 383-6078
Website: www.lambtonhealth.on.ca

St. Clair Child & Youth Services
PG. 7
Best Start...Best Future

When you go for your visit you and your health care provider will discuss your child’s development and you can ask any questions you may have. You will complete a checklist, which provides a snapshot of your child’s development and a starting point for your discussion.

The visit allows early identification of any concerns and a referral to specialized community services, if necessary, for your child.

If you do not have a health care provider, and would like more information about the enhanced 18-month well-baby visit, call Lambton Public Health’s family health line at: 519-383-8331 ext. 3817 to speak with a Public Health Nurse.

For more information go to www.children.gov.on.ca

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Ontario Early Years Centres

OEYC

Ontario Early Years Centres provide opportunities for parents and caregivers to play side by side with their children, birth to six years of age. Play environments provide a variety of experiences that are developmentally appropriate, promoting exploration and inquiry. You will meet other families and children, while learning and playing together.

Garden Fresh Box ®

Eat fresh for Less! 4 Options available.
$5 Fruit Bag, $5 Veggie Bag
$10 Vegetable and Fruit Box
$15 Vegetable and Fruit Box

The choice is yours...you can even mix and match.

To order your Garden Fresh Box please call the
SCC&Y Family Drop In Centre at 519-337-7811
(Brought to you in partnership with Lambton Public Health 519-344-3202 ext.2111 or 1-800-387-2882)

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Ontario Early Years Centre

Forest

OEYC Main Site:
Best Start Hub
Kinnwood
Central School
63 MacDonald St.
(Morris St. Entrance)
p. 519-786-6161
ext. 9230
p. 1-888-561-2080
f. 519-786-5399

Forest Drop-In
Hours
Mon. 8:30 – 11:30 am
Tues. 8:30 – 11:30 am
1:00 – 4:00 pm
Wed. 8:30 – 11:30 am
1:00 – 4:00 pm
Thurs. 8:30-11:30 am
1:00 – 4:00 pm
Fri. 8:30 – 11:30 am
Sat. 9:30 – 12:00 pm
(Closed the Saturday of statutory holidays)

OUTREACH PROGRAMS
Camlachie
Mondays at the
Camlachie United Church
6784 Camlachie Rd.
9:30 – 11:30 am

Thedford
1st & 3rd Tuesday
Lambton County Library
Legacy Centre
16 Allen St
Thedford 9:30 – 11:30 am

Arkona
2nd, 4th & 5th Tuesdays
Arkona Recreation Centre
16 Smith St.
9:30 – 11:30 am

Grand Bend
Fridays at the
Grand Bend Public School
15 Gill Road
9:30 – 11:30 am

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Infant & Toddler Programs

Infant Massage ® ®
A Certified Infant Massage instructor will lead parents through the techniques and benefits of infant massage. Best suited for infants 2-12 months.

Best Start Hub Forest
Thursdays, April 20th, 27th, May 4th, 11th 10 am

Grand Bend Outreach
Fridays, June 2nd, 9th, 16th 10 am

How a Toddler Explores®, ©
It can be hard to keep up with an active toddler. Children are fascinated about how things work, what they look like from the inside and how they are made. This program promotes a morning of exploring and discovering, followed by songs and finger plays.

Best Start Hub Forest
Monday, April 10th 10 am
Friday, April 28th 10 am

Wednesday, May 10th 10 am
Monday, May 29th 10 am
Wednesday, June 7th 10 am
Friday, June 23rd 10 am

Baby's First Foods®
Meet the NLCHC dietitian and learn when to start solids and how to introduce new foods Discussion will include making your own baby foods and meal time menus giving them the best start possible. (Brought to you in partnership with NLCHC)

Best Start Hub Forest
Thursday, April 28th 10 am

Baby Sign Introduction
Meet the NLCHC dietitian and learn when to start solids and how to introduce new foods Discussion will include making your own baby foods and meal time menus giving them the best start possible. (Brought to you in partnership with NLCHC)

Best Start Hub Forest
Thursday, April 28th 10 am

Infant Toy Making
Come and join us to make sensory toys for your infant. We’ll share other homemade ideas for sensory toys to stimulate your infant. All materials supplied.

Camlachie Outreach
Monday, April 17th 10 am

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Child Check Clinics

Infant & Toddler
Con’t...

Babies on the Move ® ©
This program is for parents/caregivers and their infants to engage in various sensory activities followed by songs and a story.

Best Start Hub Forest
Thursday, May 18th 10 am
Monday, June 19th 10 am

Kid’s Cook for Toddlers®
Join us for a fun cooking experience. We will chop, measure, mix, and taste some very yummy creations. You won’t want to miss these tasty treats!

Best Start Hub Forest
Tuesday, April 4th 10 am ~ Shape Sandwiches
Tuesday, May 9th 10 am ~ Fruit & Cheese Kabobs

Introduction to Baby Sign © ®
Parents will learn the strategies they need to teach their children to use signs to communicate. Babies are able to show through sign what they see, what they need and what they are feeling.

Best Start Hub Forest
Thursday, May 25th 10 am

Literacy for Little Ones®
Parents with infants 0 to 12 months are welcome to join Shelley Marui, our Early Literacy Specialist, for this 3 week program. Families will start their baby on the road to reading by learning how to support their baby’s early literacy and language development. Enjoy books, songs and rhymes together in this program.

Best Start Hub Forest
Thursdays, June 15th, 22nd, 29th 10 am

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LEGEND
© Limited childcare available and must be arranged at the time of registration
® Registration is Required

SoundStart Drop-In
(Preschool Speech & Language), Child Check Clinics & Parent Drop-In Program Dates are available on pages 5, 6, 7
Ontario Early Years Centre

Preschool Programs

Outdoor Play Time®️
Wet or warm, cold or snow, join us for this year round, all weather program. We invite you and your preschooler, ages 2 years and up to play, explore and connect with the natural world. Dress appropriately for the weather.

Best Start Hub Forest
Monday, April 3rd 10 am
Friday, April 21st 10 am
Monday, May 1st 10 am
Friday, May 19th 10 am
Friday, June 2nd 10 am
Friday, June 16th 10 am

Cooking Can Be Fun After School (3-6yrs)®️
Calling all children who like to cook after school. This program will introduce and teach children how to make nutritional snacks through hands on experience.

Best Start Hub Forest
Wednesday, April 12th 3 pm – Fruity Franks
Tuesday, May 23rd 3 pm – Baked Apples
Tuesday, June 6th 3 pm – Snip & Clip Salad

Kid’s Cook®️
Join us for a fun cooking experience. We will chop, measure, mix, and taste some very yummy creations.

Family Literacy Activities
Families are welcome to join Shelley Marui, our Early Literacy Specialist, for some hands-on activities to develop your child’s literacy, numeracy, social & resiliency literacy skills.

Best Start Hub Forest
Wednesday, May 3rd 9:30 am

Thedford Outreach
Tuesday, May 16th 9:30 am

Grand Bend Outreach
Friday, May 19th 9:30 am

Arkona Outreach
Tuesday, May 23rd 9:30 am

Dad’s Connection®️
Calling all Dads, Grandpas and Uncles...come on out to the Ontario Early Years Centre with your child. Enjoy a snack, and a fun activity followed by lunch. Please bring a donation for the contact house. Brought to you in partnership by the North Lambton Community Health Centre.

Best Start Hub Forest
Saturday, 9:30 am - 12 pm
April 29th – Little Chef’s Pita Pizzas
May 27th – Make & Take Playdough Fun
June 24th – Treasure Hunt in the Playground

Canada Day Picnic®️
Join us to celebrate Canada’s Birthday with fun games and activities followed by lunch. Please bring a donation for the contact house. Brought to you in partnership by the North Lambton Community Health Centre.

Best Start Hub Forest
Friday, June 30th 10 - 11:30 am

Orillia, June 16th 10 am

Ontario Early Years Centre

Preschool Con’t...

Family Math Program®️
An interactive math program for parents and children in JK, SK and Grade 1. A snack will be provided for the children. 6 week program.

Best Start Hub Forest
Tuesdays, April 11th, 18th, 25th, May 2nd, 9th, 16th 6:15 pm

Story Time with the Librarian
Join us for a fun time reading books, singing songs and playing games with our local Librarian.

Camlachie Outreach
Every Monday 11 am

Thedford Outreach
1st & 3rd Tuesday of each month 11 am

Family Literacy Activities
Families are welcome to join Shelley Marui, our Early Literacy Specialist, for some hands-on activities to develop your child’s literacy, numeracy, social & resiliency literacy skills.

Best Start Hub Forest
Wednesday, May 3rd 9:30 am

Thedford Outreach
Tuesday, May 16th 9:30 am

Grand Bend Outreach
Friday, May 19th 9:30 am

Arkona Outreach
Tuesday, May 23rd 9:30 am

Camlachie Outreach
Monday, May 29th 9:30 am

Garden Fresh Box®️
Eat fresh for Less! 4 Options available.
$5 Fruit Bag, $5 Veggie Bag
$10 Vegetable and Fruit Box
$15 Vegetable and Fruit Box
The choice is yours...you can even mix and match.
To order your Garden Fresh Box please visit:
Best Start Hub Forest
(63 MacDonald St. (Morris St. entrance), Forest, ON)
519-786-6161 ext. 9230
(Brought to you in partnership with Lambton Public Health
519-34432062 ext. 2111 or 1-800-387-2882)

Did You Know?
Lambton-Kent-Middlesex Ontario Early Years Centres offer:

- Transportation
Call your closest hub for further information.
Best Start Hub Kinnwood Central School (Forest) 519-786-6161 ext. 9230
Best Start Hub St. Philip School (Petrolia) 519-882-2100
Best Start Hub Brooke Central School (Alvinston) 519-847-5165

- We are open Saturdays
Best Start Hub Kinnwood Central School
37 Morris St. Forest
9:30 - 12 pm
(Closed the Saturday of Statutory Holidays)

- All our programs are FREE of charge
Check our regular monthly calendars for dates, times and locations.
Or visit our websites:
www.ourbeststart.ca
www.ourbeststart.ca

Ontario Early Years Centre

Parenting Programs

WE Breastfeed: Prenatal Breastfeeding Class®️
Join other moms discovering what to expect in the first few days of breastfeeding. Get tips from moms who have breastfed their own babies, practise breastfeeding positions, have your questions answered and find out where you can get extra help and resources to make your breastfeeding journey a success. Open to everyone, even if you have struggled with breastfeeding in the past. To register call: 519-786-4545 ext. 231
(Brought to you in partnership with NLCHC)

Best Start Hub Forest
Mondays, April 10th, May 15th, June 12th 6-7:30 pm

Car Seat Clinic
Join Liz Fanset to have the installation of your car seat checked and address any concerns you may have. Brought to you in partnership with NLCHC.

Best Start Hub Forest
Thursday, April 13th 9:30-11:30 am

All About Teeth
A Registered Dental Hygienist from Lambton Public Health will be visiting with lots of information on children’s dental health and be able to answer all your questions, such as when to see a Dentist, fluoride and thumb-sucking.

Best Start Hub Forest
Thursday, April 20th 10 am

Mom’s Matter Too®️
Moms! Take some time for yourself and enjoy self-care without the guilt. In partnership with St. Clair Child & Youth Services.

Camlachie Outreach
Monday, May 8th 9:30 am

Arkona Outreach
Monday, May 22nd 9:30 am

Grand Bend Outreach
Tuesday, May 30th 9:30 am

Did You Know?
Lambton-Kent-Middlesex Ontario Early Years Centres offer:

- Transportation
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Or visit our websites:
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www.ourbeststart.ca

Parenting Con’t...

Die Cutter Workshop®️
Bring your own materials ie. Paper, foam, felt, wallpaper etc... to make letters, shapes, animals and more. Great for making early learning games, like foam letters to play with in the tub, matching games and more.

Best Start Hub Forest
1st Saturday of each month 9:30 - 11 am
Please register for a time slot at the OEYC

Parenting Through Each Other®️
Trying to navigate parenting? Kids don’t come with a how to manual! OEYC staff along with a nurse from Lambton Public Health will offer information, tips, and a discussion along with other parents.
Please register at the OEYC 519-786-6161 ext. 9230.

Best Start Hub Forest
Monday, June 26th 10 am
Ontario Early Years Centre

Alvinston

Infant & Toddler Programs

Infant Literacy Activities

Learn more about reading with your baby, emerging literacy and we’ll end our time with stories and songs.

Best Start Hub Alvinston

Wednesday, April 13th 10 am

Best Start Hub Alvinston

Tuesday, April 11th 10 am

Kid’s Cook for Toddlers

Join us for a fun cooking experience. We will chop, measure, mix and taste some very yummy creations. You won’t want to miss these tasty treats!

Best Start Hub Alvinston

Thursday, April 13th 10 am

Tuesday, June 20th 10 am

Music and Movement for Toddlers

Children are able to show through music and movement what they see, what they need and what they are feeling.

Best Start Hub Alvinston

Wednesday, April 19th 11 am

Thursday, May 18th, June 22nd 11 am

Introduction to Baby Sign

Parents will learn the strategies they need to teach their children to use sign to communicate. Babies are able to show through sign what they see, what they need and what they are feeling.

Best Start Hub Alvinston

Tuesday, May 16th 10 am

Little Counters

This is a play-based program for parents and caregivers with children 2 to 39 months. Families will play, sing and do activities together to understand and build mathematical concepts.

Waterford Outreach

Weds., May 17th, 24th, 31st, June 7th 9 am

Preschool Programs

Book of the Month

We love to read! Join us for some fun books and literacy activities. Check our calendars to see what book we will be digging into.

Best Start Hub Alvinston

Wednesday, April 5th, May 3rd, 9:30 am

Thursday, June 1st 9:30 am

Kid’s Cook

Join us for a fun cooking experience. We will chop, measure, mix, and taste some very yummy creations. You won’t want to miss these tasty treats! “Stay tuned for the menu!”

Waterford Outreach

Wed., April 19th, May 17th, June 7th 9:30 am

Ontario Early Years Centre

Petrolia

Infant & Toddler Programs

Infant Massage

A Certified Infant Massage instructor will lead parents through the techniques and benefits of infant massage. Best suited for infants 2-12 months.

Best Start Hub Petrolia

Wednesdays, May 10th, 17th, 24th, 31st

1:30 pm “Soothe baby care is not torture” this session.

Make The Connection

12-18mths

This is a program that provides opportunities to strengthen the connection between parent and infant, through a variety of activities. An important component involves video-taping of participants, and viewing clips of these videos as a group. We ask for a commitment to attend all sessions. Co-facilitated by St. Clair Child & Youth Services and the OEYC.

Petrolia

Drop-In Hours

Mon. 9 - 11:30 am

5:30 - 7:30 pm

Tues. 9 - 11:30 am

1:00 - 3:00 pm

Wed. 9 - 11:30 am

Thurs. 9 - 11:30 am

Fri. 9 - 11:30 am

Infant Massage

Best Start Hub Petrolia

Best Start Hub Petrolia

Family Literacy Activities

Families are welcome to join Shelley Marui, our Early Literacy Specialist, for some hands-on activities to develop your child’s literacy, numeracy, social & resiliency literacy skills.

Best Start Hub Alvinston

Thursday, June 8th 9:30 am

Parenting Programs

Taking Care of Me

Take a break, you deserve it! Children will play in the OEYC drop-in while the adults talk about parenting. Parents will get to choose the topics! Guest speakers will join as well.

Best Start Hub Alvinston

Tuesday, April 25th, May 30th 9:30 am

An Introduction to the

Circle of Security

At this workshop given by St. Clair Child and Youth Services, information will be shared about:

- Supporting a secure attachment relationship between you and your child

- Learning to understand what your child’s behaviour actually means and the underlying emotional needs

- Learning how responding to your child’s emotional needs improves behaviour

- Understanding the importance of your connection with your child

Waldorf Outreach

Wednesday, April 29th 10 am

Mom’s Matter Too!

Moms! Take some time for yourself and enjoy self-care without the guilt. In partnership with St. Clair Child & Youth Services.

Waterford Outreach

Wednesday, May 10th 10 am

TASTE

Hands-on nutritional cooking. Parents learn to make new dishes and take home what they make. In partnership with North Lambton Community Health Centre.

Waterford Outreach

Wednesday, May 3rd 10 am

O U T R E A C H P R O G R A M S

Waterford Outreach

Trinity Anglican Church

5331 Nauvoo Rd

Watford, ON

N0M 2S0

Drop-In Hours

Wed. 9:30 - 11:30 am

p. 519-786-6161 ext. 9226

Wed., April 19th, May 17th, June 7th

Chop, measure, mix and taste some very tasty treats!

Join us for a fun cooking experience. We will make new dishes and take home what they make. In partnership with North Lambton Child & Youth Services.

Wednesday, May 10th

Clair Child & Youth Services.

Best Start Hub Petrolia

Tuesday, May 16th

Best Start Hub Petrolia

Best Start Hub Petrolia

Babies are able to show through sign what they see, what they need and what they are feeling.

Best Start Hub Petrolia

Tuesday, April 11th

10 am

Best Start Hub Petrolia

Tuesday, June 27th

PG. 12

PG. 13
Parenting

Programs

TAKING CARE OF ME ®

Taking Care of Me ®

Thursday, May 18th

Wyoming Outreach

Story Time with the Librarian

Join us for a fun time reading books, singing songs and playing games with our local Librarian.

Wyoming Outreach

1st Thursday every month 11 am

Monday Night Fun for 3-6 year olds ®

Check our calendars for specific activities for each night. We will focus on science, math and engineering in some creative ways.

Best Start Hub Petrolia

Mondays, 6 pm

April 10th ~ Math Mania

May 29th ~ Bee Fit

June 12th ~ Ramps & Bridges

Kid's Cook

Join us for a fun cooking experience. We will chop, measure, mix, and taste some very yummy creations. You won't want to miss these tasty treats! "Stay tuned for the menu!"

Wyoming Outreach

Thursdays, April 20th, May 18th, June 8th 9:30 am

Alphabet Fun ®

Parents and caregivers with children 3-5 years of age are invited to participate in this three week program. Children will develop positive attitudes toward reading through activities and games as well as developing their social and resiliency skills through interactions with adults and other children.

Best Start Hub Petrolia

Mondays, April 24th, May 1st, 8th 6 pm

Family Literacy Activities

Families are welcome to join Shelley Marui, our Early Literacy Specialist, for some hands-on activities to develop your child's literacy, numeracy, social & resiliency literacy skills.

Wyoming Outreach

Thursday, May 18th 10 am

Looking for a program, but don’t see it listed?

Let us know what program you would like to participate in and we will make it happen!