



Volunteer Opportunities

Position and Requirements	Brief Description	Commitment	Comments
Therapeutic Recreation Requirements: Police Vulnerable Sector Check and updated immunization record. Experience with children, sports/recreation minded, social volunteers are preferred. High school and Post Secondary Students are preferred.	Assist children and youth with disabilities to enhance confidence, independence and peer interactions. Various activities including sports, swimming, life skills and arts and crafts.	Hours vary according to the specific program.	Mature, ability to assist with lifting and handling. Some knowledge of activities is an asset.
Aquatics Requirements: Police Vulnerable Sector Check and updated immunization record.	Assist children with disabilities during aquatic programs. Participate in the pool with the child.	Vary depending on the program needs. Must commit for duration of program to ensure consistency for the children.	Must be comfortable in water, experience with children, ability to take direction, patience and maturity.
Clerical Assistant Requirements: Police Vulnerable Sector Check and updated immunization record.	Provides support to various staff with general office duties which match the volunteers skills and abilities.	As needed.	Volunteer must be comfortable working on a computer, have great communication skills. Attention to detail and understand the importance of accuracy is essential.

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<p>C.A.C.H.É. Child Care</p> <p>Requirements: Police Vulnerable Sector Check and updated immunization record.</p>	<p>Volunteers are needed to assist with helping the children during feeding times, summer childcare program, reading to children, arts & crafts.</p>	<p>Times vary according to needs.</p>	<p>Volunteers must be comfortable handling and cutting food and assisting the children with their lunch.</p>
<p>Clinical Services</p> <p>Requirements: Police Vulnerable Sector Check and updated immunization record.</p>	<p>Assist children and youth with disabilities to achieve their individual goals (speech, physiotherapy, occupational therapy) by assisting clients in their treatment sessions. Treatment sessions may take place in a group or individual treatment in a treatment room, gymnasium or pool.</p>	<p>As required according to program needs.</p>	<p>Must enjoy children, be patient and enthusiastic. Must be able to assist with lifting, bending and following through with individual goals. Although treatment may look like play, the children are working towards goals. If assisting with a pool program, must be very comfortable in the water while handling children.</p>
<p>Special Event Fundraising</p>	<p>Or on a regular schedule depending on the program schedules. Variety of position involved with special events such as assisting with the coordination of events, set-up for events or volunteering at the event.</p>	<p>As required- call in basis</p>	<p>Secret Santa Shoppe, Hot Summer Nights car shows, Charity BBQ's, golf tournaments, raffles and ticket sales, Artscape, etc.</p>