Change the Behaviour Environment

A Resource by Pathways Health Centre for Children



Have you modified the environment for individual/group needs?



- o Create a calming space
- o Sensory factors noise, crowding, lighting, air quality
- o Large space vs. small space
- o Minimize & support transitions
- o Visual supports

Meaningful Activities

With what and how will .the individual be engaged in the environment?

- o Developmentally appropriate
- o Incorporating strengths/interests
- o Increase engagement
- o Modify activities
- o Plan proactively
- o Focus on skill building: demonstrate & repeat, repeat!
- o Provide choices



Do you foster a sense of safety acceptance?

- o Trust in Caregiver(s)
- o Inclusivity
- o Friendships
- Individual's feeling of connectedness
- o Dignity
- o Collaboration
- o Identify strengths ask them!
- o Check-in with individual
- o Create positive experiences & praise
- o Support communication & look beneath the behaviour



