

MARCH BREAK 2023

The Therapeutic Recreation and Behaviour Support Services team will

work alongside your School-Age classroom educators to facilitate small and large group activities both indoors and outdoors that promote:

- Inclusion
- Physical Literacy
- Positive Social Interactions
- Healthy development
- Emotional regulation

What to expect:



Group Activities

- Outdoor/Indoor Options
- Small/Large Group Experiences
- Cooperation and Fairness
- Gross Motor Activities
- Inclusiveness
- Teamwork



Creative Movement

Yoga, Dance, and Expressive movement aid in reducing stress in the body. They can increase positive interactions, physical well-being and classroom climate.



Sensory/Craft

Participation in these kinds of activities offers an opportunity for exploration, free expression, connection with others, expanding vocabulary, and promotes sharing and togetherness.



Consult the attached March Break Schedule for 2023 and notify us of your interest at your earliest convenience.

Sessions will be booked on a first come, first served basis**. Please indicate which available date works best for your site. We will do our best to accommodate.

**Priority will be given if your site has not yet booked a PA Day session.

Register Now

(519)542-3471

Kalie ext: 1620

kwoodcock@pathwayscentre.org



March Break Programming is Open For Registration!

For information or to register your group,
contact:

(519)542-3471

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2023 MARCH BREAK DATES

Monday March 13th

Tuesday March 14th

Wednesday March 15th

Thursday March 16th

Friday March 17th