

Dear CanChild,



# We are pleased to introduce the online F-words Foundations Course!

This free, self-paced, online training course is designed for:

- Families (e.g., parents, siblings, grandparents)
- Healthcare providers and administrators
- Community service providers
- Educators and students

In the training course, we introduce the F-words for Child Development and provide guidance on how to use this approach in everyday life and practice. There are five modules and each one takes approximately one hour to complete. You will receive a certificate of completion after finishing all five modules.

# **Course Highlights**



Storytelling Approach Includes stories from families, youth, healthcare providers and educators that capture the true impact of the F-words.



Practical Tools Introduces many of our free, downloadable F-words tools and provides examples of how to use them in life and practice.



Shifting Perspectives Promotes an approach that focuses on the child and their family, and encourages us to think about what people CAN do!

## **Sign-Up Instructions**

You can access the training course here: https://canchild-fwords.ca/

- 1. Click on "Login/Sign Up"
- 2. Click on "Create a New Account"
- 3. Enter your information. A confirmation email will be sent to you.
- 4. Click on the link in your email message to confirm your enrolment.
- 5. Click on "Continue"
- 6. Click on "Enrol now"

You should now be able to access the online F-Words Foundations Course!

If you have any problems with registration or site access, please contact admin at grahovad@mcmaster.ca If you have questions about the F-words Foundations Course, please contact fwords@mcmaster.ca

### Feedback

Here's what service providers and families had to say about the course!

"I loved how people around the world were able to share how they use the F-words framework, showing how **universal** the words are, succeeding in different cultures, languages, and areas."

"I love the idea of the F-words as being **strengths-based**; a way to talk about a child in a positive way rather than focusing on their disability or restrictions."

"Family stories made a **big impact on my learning**. Helped me think about my own client list and modifying my current goal approach."

## Please help us share this information!

We want to make this training available to as many people as possible. Please share this newsletter with others in your networks - friends, families, healthcare providers, educators, community partners and any others that you think would enjoy learning about the F-words!

Please also follow our NEW social media accounts and share the posts with your social networks!

Find Us On:



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