



2022/2023

# CSP ANNUAL REPORT



## LAMBTON COUNTY COORDINATED SERVICE PLANNING

### **Territorial Acknowledgement**

We acknowledge that the land on which Pathways is planted and the area for which the Lambton Coordinated Services Planning provides service and care, is part of the ancestral land of the Chippewa, Odawa, and Potawatomi peoples, referred to collectively as the Anishinaabeg. It is through the connection of the Anishinaabeg with the spirit of the land, water and air that we recognize their unique cultures, traditions, and values. Together as treaty people, we have a shared responsibility to act with respect for the environment that sustains all life, protecting the future for those generations to come.

**Coordinating Agency Name:** Pathways Health Centre for Children  
**Service Delivery Area:** West Region: Sarnia-Lambton  
**Fiscal Year:** 2022-2023

---

### Coordinated Service Planning Cross-Sectoral Steering Mechanism

The Coordinated Service Planning (CSP) Steering Committee is a mechanism to maintain collaborative relationships and oversight of cross-sectoral partnerships that support the delivery of Coordinated Service Planning in Lambton County.

#### Background

The Lambton Coordinated Service Planning (CSP) Steering Committee was formed from the membership of the CSP Community Planning table that came together in 2014 with the mandate to plan what CSP would look like for the children, youth and families of Lambton County. With broad representation from partners across Lambton and from three First Nations, the community endeavoured to ensure that the plan would be achievable, sustainable and reflective of community needs.

## 1. Coordinated Service Planning Clients

### Active Clients vs New Referrals

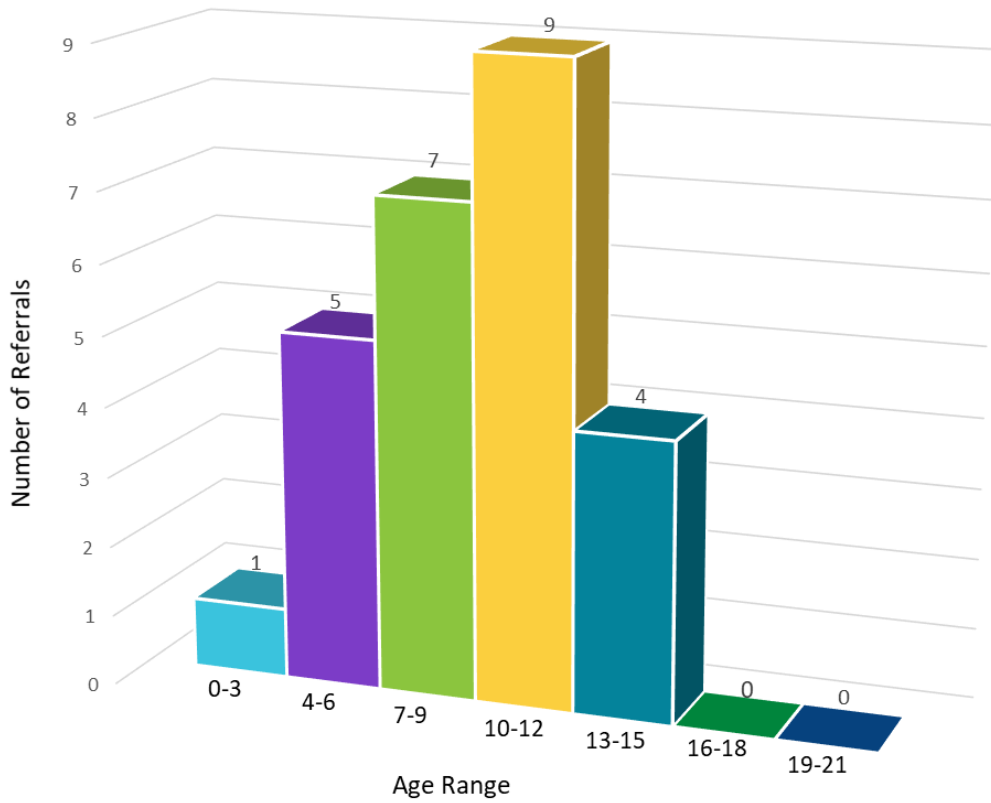
|   | 2021-22   | 2022-23   |                                       |
|---|-----------|-----------|---------------------------------------|
| <b>Children/youth with an active CSP Plan</b>               | <b>87</b> | <b>98</b> | Cumulative-year to date data reported |
| <b>Referrals received for CSP</b>                           | <b>36</b> | <b>27</b> | Cumulative-year to date data reported |
| <b>Total number of referrals waiting for CSP Initiation</b> | <b>10</b> | <b>2</b>  | 4th Quarter<br>Jan-Mar 31             |

---

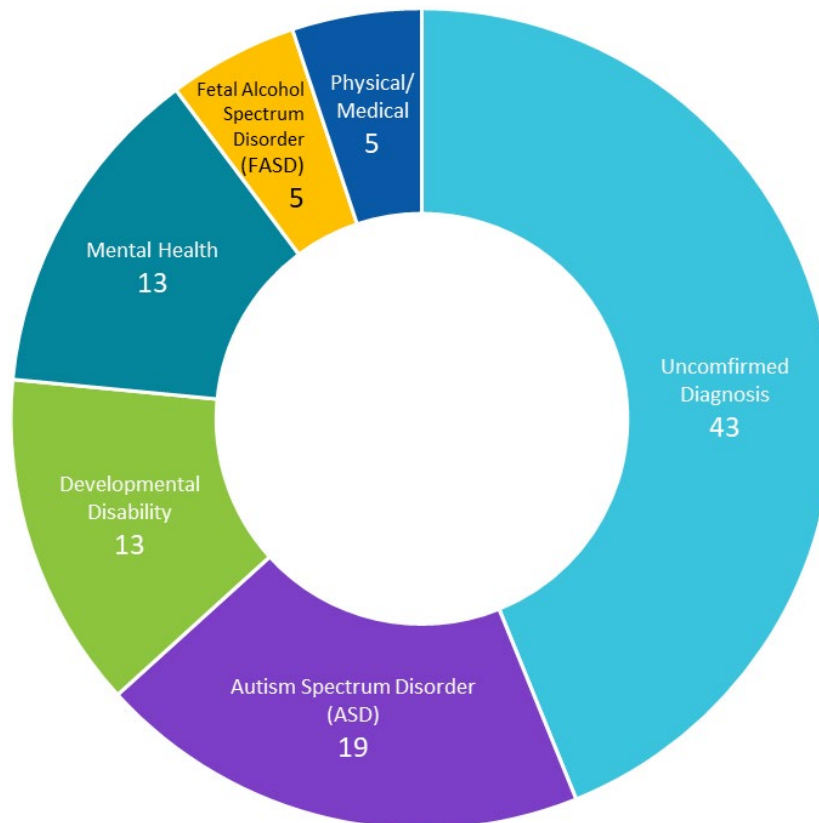
*"The CSP Planner has been a very strong support and advocate for our family. We would not manage without their services." CSP Family*

---

## Referrals by Age



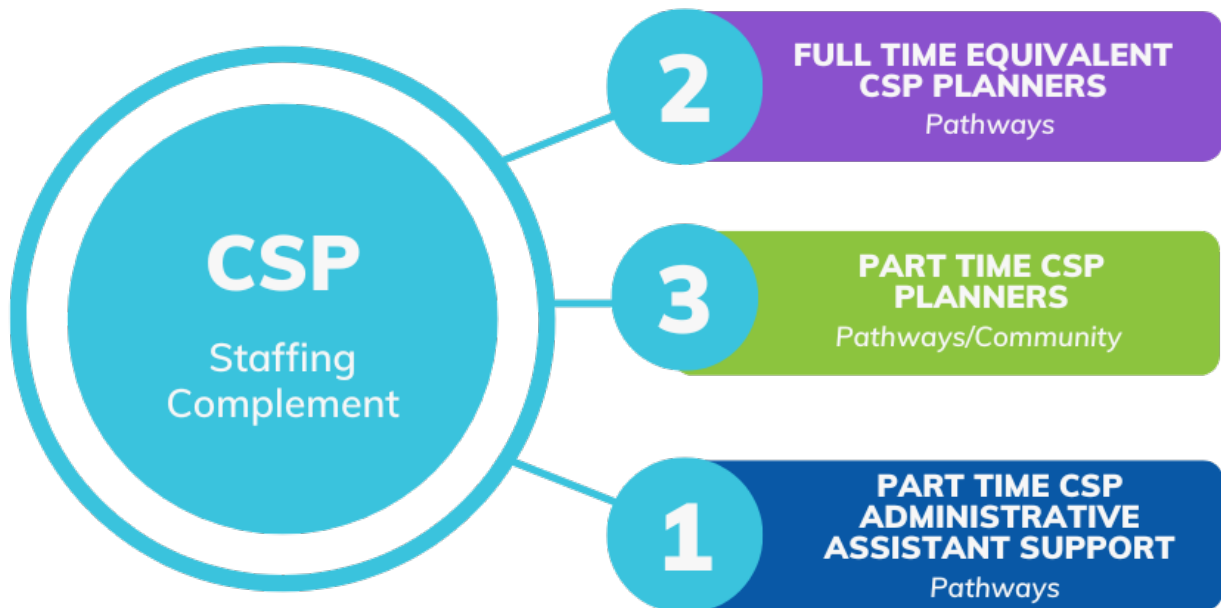
## Active Service by Diagnosis



## 2. Coordinated Service Planning Overview

### CSP Planners

- Staff who provide Coordinated Service Planning are called CSP Planners. Pathways Health Centre for Children is the lead agency in a multi-agency model. The chart below illustrates this through a breakdown of the staff complement according in 2022-23.



*Note: Part-time staff funded through another program have additional responsibilities within their organization and do not solely provide Coordinated Service Planning.*

### Development and Use of New Tools and Processes

- This year, revisions were completed to the CSP Community Referral Form to improve the use of inclusive language and additional information to ensure appropriateness of referrals based on the MCCSS CSP Program guidelines.

### Community of Practice Activities

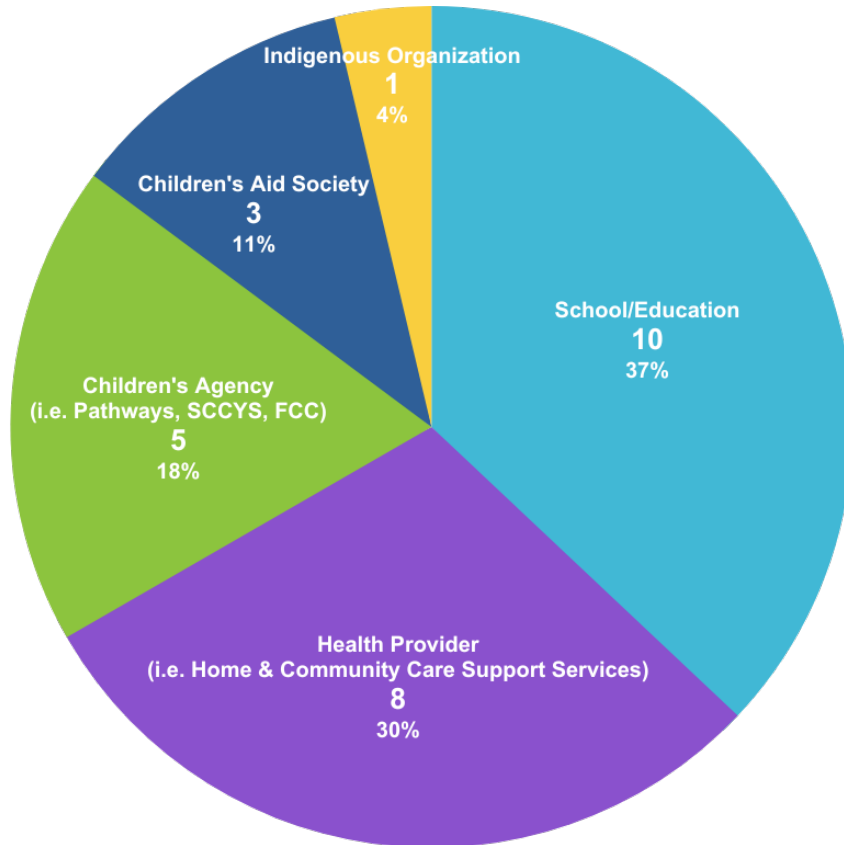
- CSP Planners from the Lead agency, First Nations, and Children’s Treatment Centre of Chatham-Kent met virtually on a quarterly basis, to share resources, discuss best practices, align processes and network with each other. This group is called the Coordinator’s Connect.
- The Lead Agency held meetings twice per year with frontline representatives from community agencies to support the coordination of client care.
- Pathways Health Centre for Children, Director of Community Services, attended regular Provincial CSP Network meetings and West Region CSP meetings.

---

*"This is an invaluable service provided in our community. My only hope/wish would be a larger CSP team to support more of our high needs families." – Educator*

---

## Referral Sources:



### 3. Capacity Building and Training to Build Awareness and Skills

#### Training Opportunities for CSP Planners

Coordinated Service Planners attended educational sessions that support their work and skill development. Some examples of training completed in 2022-23 included:

- Provincial Training for CSP Planners: Suicide Risk Assessment and Safety Planning
- Equity, Diversity, and Inclusion ongoing training-monthly
- ACEs, Historical Trauma & Resilience: Healing in Indigenous Communities
- Annual Children's Mental Health Symposium
- Indigenous Representation in the Delivery of Health and Wellbeing Services
- 7G FASD conference
- Fetal Alcohol Spectrum Disorder for Indigenous Helpers
- Suicide Risk Assessment Training with Dr. Laura Goodman

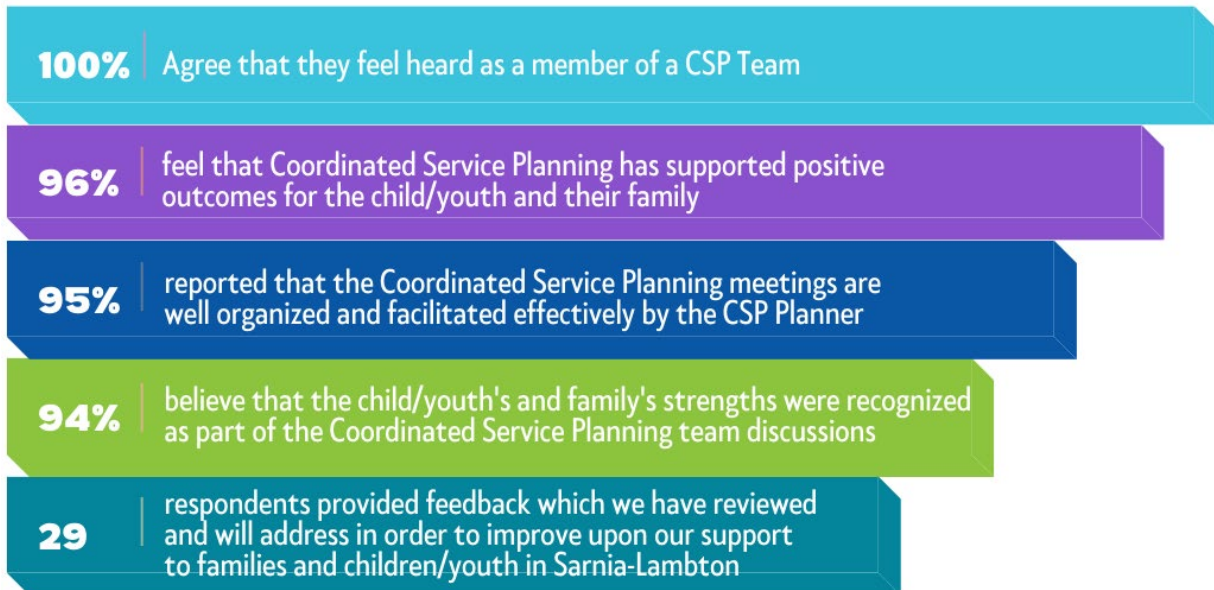
#### Training Activities and Communication Materials for Families

- Throughout the year, families were provided information and support regarding the Ontario Autism Program registration and service pathway options.
- Families receiving CSP and FASD services continued to access the family support groups offered at Pathways Health Centre for Children through the Family Engagement Services and the FASD Resource Hub.

## 4. Evaluation

### CSP Provider Teams Survey Results:

CSP Planners shared this anonymous survey with CSP Provider Teams as a follow up to the first 6-month CSP Update Meeting to evaluate the effectiveness of the CSP Process. 59 surveys responses were received however, the number of surveys distributed, was not tracked.



### Steering Committee Engagement Survey:

The CSP Steering Committee is committed to conducting an annual survey to maintain and improve upon the quality and relevance of the work of our community committee. 18 partners responded to a 19-question anonymous survey that measured responses on a 5-point Likert scale. The survey ratings suggested an overall positive perception, however there were a few responses related to length of meetings and materials being distributed in both French and English that will be reviewed and explored these in the upcoming year.

### Measure of Processes of Care (MPOC):

MPOC surveys are sent directly to families by the CSP Team after the first six months of service, again after one year and at the time of discharge, when appropriate. In 2022-23 we were thrilled to be one of six coordinating agencies, across 34 service delivery areas, that met the threshold response rate in order to receive individualized survey results. As a CSP Lead agency, Pathways ranked above average in all the mean score responses across the CSP Lead providers who were included in the survey results.

---

*"Very valuable service. I appreciate that there is someone to help families navigate what can be a complicated system. Thank you for all you do." - Community Partner*

---

## 5. Community Engagement

### CSP Steering Committee Membership

- The Steering Committee continued oversight of CSP in the Sarnia-Lambton area, guided by a workplan which monitors key responsibilities. The Lead Coordinating Agency kept the Steering Committee informed of related initiatives and the work being done towards integrated delivery of rehabilitation services through regular meetings and email correspondence.
- Leo Desjardins joined the CSP Steering Committee as the Program Supervisor representing MCCSS in June of 2022.
- In an effort to ensure diverse and inclusive representation we continue to engage community partners to represent their organization as a member of the CSP Steering Committee.
- The Steering Committee remains steady at 36 members representing 18 organizations in Lambton County including representatives from both Francophone School Boards, 3 local First Nations as well as a family representative.
- Attendance over the course of the 4 meetings held in 2022-23 averaged 16 partners.

### Training Activities for System Partners

- The Lead CSP Planner delivered a CSP information session to the CS Viamonde School Board in January of 2023.
- The Lead CSP Planner delivered a CSP information session to the LKDSB SEAC Committee on March 23, 2023.
- Alison Morison, CEO of Pathways delivered a Smart Start Hub Presentation to the SCCDSB SEAC Committee on March 20, 2023.
- Partners continued to connect with the CSP Team as questions or clarification was required.

### Diversity and Inclusion

- Taking into consideration that Sarnia will be designated under the French Language Services Act, effective November 2024, we continue to explore how services in the community will be enhanced, including Coordinated Service Planning.
- The Lead Coordinating Agency continued to purchase translation and interpretation services as needed in order to support Francophone families and community partners. CSP processes, reports and forms have all been translated to French.
- We continue to have ongoing engagement with the CSP Planner at Aamjiwnaang First Nation. Engagement with both Kettle & Stony Point and Walpole Island First Nation for CSP services were limited over the past year due to a number of factors including staff turn-over. Meetings were held over the course of the year to help create a path forward that will best serve these communities.
- Equity, diversity and inclusion is a standing agenda item on the Steering Committee's agenda, and partners are encouraged to share related training and initiatives.

---

*"Community leadership is the courage, creativity and capacity to inspire participation, development and sustainability for strong communities." - Gustav Nossal*

---

## 6. System Change and Challenges

- The Provincial Network of Coordinating Agencies continued to work collaboratively with both the Ministry of Health and the Ministry of Children Community and Social Services to address complex systemic issues and explore new strategies for broader system change. Specific challenges include: limited respite options for families, lack of specialized respite services for medical and behavioural complexities, reduced flexibility within the model and funding sources, and lack of access to residential treatment space.
- Capacity building efforts continued as we supported community partners in taking on the CSP lead role when it has been identified that it better meets the needs of the child/youth and their family.

## 7. Next Steps

- Seek guidance and support from MCSS Program Supervisor and community partners to assist with French-Language designation in order to ensure we are providing the best care and support for Francophone families and community partners.
- Continue conversations with indigenous partners regarding Coordinated Service Planning and the best approach to deliver CSP in each community.
- Continue to incorporate Equity, Diversity, and Inclusion information and training in every CSP Steering Committee meeting to guide and inform our work in the CSP Program and beyond.
- Support training and implementation of the SmartStart Hubs within our CSP Program and our community to ensure that we provide a clear entry point for families to access the developmental services for their child or youth sooner and seamlessly.
- Explore challenges and opportunities related to the CSP Steering Committee functioning.

The 2022-23 CSP Annual Report was reviewed and approved by the CSP Steering Committee members in attendance on June 6, 2023.

---

*"When we bring children to a place where their heart dances, then we've succeeded"*  
*- Elder Mary Wilson*

---