Change the ~~Behaviour~~ Environment

A Resource by Pathways Health Centre for Children

3 Physical Space

Have you modified the environment for individual/group needs?

o Create a calming space
o Sensory factors – noise, crowding, lighting, air quality
o Large space vs. small space
o Minimize & support transitions
o Visual supports

2 Meaningful Activities

With what and how will the individual be engaged in the environment?

o Developmentally appropriate
o Incorporating strengths/interests
o Increase engagement
o Modify activities
o Plan proactively
o Focus on skill building: demonstrate & repeat, repeat, repeat!
o Provide choices

1 Belonging

Do you foster a sense of safety & acceptance?

o Trust in Caregiver(s)
o Inclusivity
o Friendships
o Individual's feeling of connectedness
o Dignity
o Collaboration
o Identify strengths – ask them!
o Check-in with individual
o Create positive experiences & praise
o Support communication & look beneath the behaviour