Children and Family Programs Information

Swimming Lessons

The Lifesaving Society Swim for Life Program is offered for children ages 3 years and up who can participate in a group setting without individual support. The program is open to both Pathways clients and the community.

Levels

Ages 3-6	Ages 6+
Preschool 1	Swimmer 1
Preschool 2	Swimmer 2
Preschool 3	Swimmer 3
Preschool 4	Swimmer 4
Preschool 5	

*Please note that Pathways Pool only teaches up to the Swimmer 4 level.

Pricing

Group lessons: $176 per 8 week session. ($22/lesson)
Private lessons: $280 per 8 week session. ($35/lesson)
Semi-private lessons: $480 per 8 week session. ($60/lesson)
*Classes are 30 min.

Parent & Tot Classes

The class works on introducing and exploring the water through play, song and beginner swimming skills. It's about helping your child feel comfortable in the water while promoting water safety. Classes will be taught in the pool by a certified lifeguard/ swim instructor.

Pricing

$136 per 8 week session ($17/class)
*Classes are 30 min.

Parent & Tot Leisure Swim

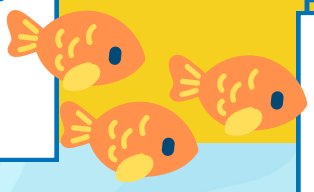
This is an unguided swim that provides an opportunity to explore the water and practice getting comfortable with your infant in a pool setting.
The swim is open to the general public and clients of Pathways
for infants 3 months-3 years of age and their parent(s)/caregivers.

Drop in Pricing

$7 per participant
Registration required for both child and caregiver(s)
*Swims are 30 min.

Family Swims

Family leisure swim is a shared pool time available for both clients of Pathways and the general public.
Family Swims are offered during March Break and the Summer months.



Family Swim Pricing

$8 per participant
Registration is required for both child and caregiver(s)
*Swims are 1 hour.

Registration

For class times, pricing and to register visit our online registration site.
Visit the Pathways website under the Aquatics tab for resources on how to navigate creating a Amilia SmartRec account.

app.amilia.com/store/en/pathways-health-centre/shop/programs